



QUEEN MARY'S SCHOOL, NORTHEEND

MODEL TOWN III, DELHI.

MY SUMMER TIME 2026-27

CLASS 3-5

*“Gratitude is the fairest blossom
which springs from the soul.”*

— Henry Ward Beecher





Heavenly Father,

As our students step into their summer break,
we seek Your loving guidance in all that they do,
and Your divine protection in their moments of rest.

May each day bring them happiness and peace,
inspire their curiosity,
and strengthen their kindness and understanding.
Watch over them and keep them safe from all harm.
Guide them to grow in wisdom, knowledge, and faith.

May this summer be filled with joy,
meaningful learning, and cherished moments.

Bring them back refreshed, renewed,
and eager to learn and grow.

With thankful hearts, we offer this prayer.

Amen

Dear Parents,

Summer vacation is a wonderful opportunity for children to relax, rejuvenate, and explore their interests beyond the classroom. This break from routine allows them to learn through experiences, nurture creativity, and develop essential life skills in a joyful and meaningful way. It is also a valuable time to strengthen family bonds and create beautiful memories together.

Keeping this in mind, we have thoughtfully curated a range of meaningful activities to make this summer enriching, engaging, and developmentally rewarding for our young learners.



Gratitude and Prayer Time

Instilling the habit of gratitude from an early age helps children develop a positive outlook towards life. Start the day with a small prayer and thank God for family, friends and the beautiful things around them. This helps children feel happy, calm and grateful. This quiet time of reflection not only nurtures spiritual growth but also helps children feel secure and emotionally balanced.

Storytelling and Reading Time

Reading is a gateway to imagination and learning. Encourage your child to read picture books, listen to stories, or narrate their own stories. Ask them simple questions about what they read and help them identify the moral of the story. This practice enhances vocabulary, strengthens communication skills while making learning enjoyable.



Importance Of Nature

Nature is the best teacher. Encourage children to observe the world around them—watch birds, notice different plants, and enjoy the beauty of sunrise and sunset. Involve yourself in planting a sapling and caring for it daily. This will help them understand responsibility and develop a sense of love and respect for the environment.



Family Time and Bonding

Summer vacation provides a perfect opportunity for families to spend quality time together. Engage your child in conversations, play games, small outings, exercise, cook simple meals together, and share family stories. These experiences help children feel loved and valued, while also enhancing their social and emotional development.



Healthy Eating Habits

A healthy body supports a healthy mind. Include nutritious food, fresh fruits, vegetables, and plenty of water in your child's daily diet. Teach them not to waste food, take little on plate and re-fill as required. Informing them that millions of people around the world go without food every day. This helps children value and respect what they have while developing healthy eating habits for life.





Reading Time

Download the **Google Read Along** app using the given QR code. Read any 4 short stories from it. Record videos while you read these stories and submit them with the class teacher in **Google Classroom**. This will improve their listening, speaking and imagination skills.



Physical Fitness and Wellbeing

Physical activity is essential for a child's growth and energy. Encourage your child to play outdoor games, do simple exercises, or practice basic yoga. Teach them to stay hydrated and take necessary precautions during the summer heat. Regular physical activity helps build strength, discipline, and overall well-being.



Creative Expression

Creativity allows children to express themselves freely. Encourage them to draw, colour, dance, sing, or create simple crafts using available materials. You may also guide them to maintain a small scrapbook where they can paste pictures, draw, or write about their daily experiences. This nurtures imagination and builds confidence.



Learning Life Skills

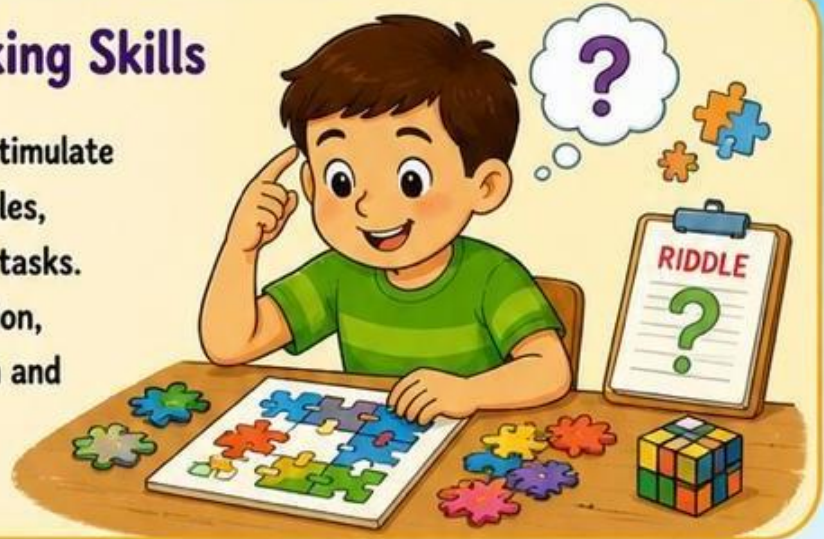
Vacation is a great time to teach children simple life skills. Encourage them to organize their belongings, help in small household tasks, and practice polite manners such as greeting others and saying "thank you." Teach children why it is important to save electricity and water, switching off lights and fans when not in use, and avoiding wastage. These small habits go a long way in shaping responsible and independent individuals.





Developing Thinking Skills

Engage your child in activities that stimulate their thinking abilities, such as puzzles, riddles, and simple problem-solving tasks. These activities enhance concentration, memory, and logical thinking in a fun and interactive way.



Practising Values and Kindness

Values form the foundation of a child's character. Encourage your child to show kindness, share with others, respect elders, and help those in need. Even small acts of kindness can make a big difference and help children grow into compassionate individuals. Remember, children watch our actions and follow them.



Special Activity-My Summer Moments

Encourage your child to capture their special summer experiences in form of drawings, pictures, or short writings. Help them create a small 'My Summer Time' memory album highlighting what they learned, enjoyed, and explored during the holidays. This activity promotes creativity, reflection, self-expression, and helps preserve beautiful memories for the future.



Let's make this summer break
a beautiful journey of learning,
love and lasting memories for our children!



Summer of Joy and Wellness

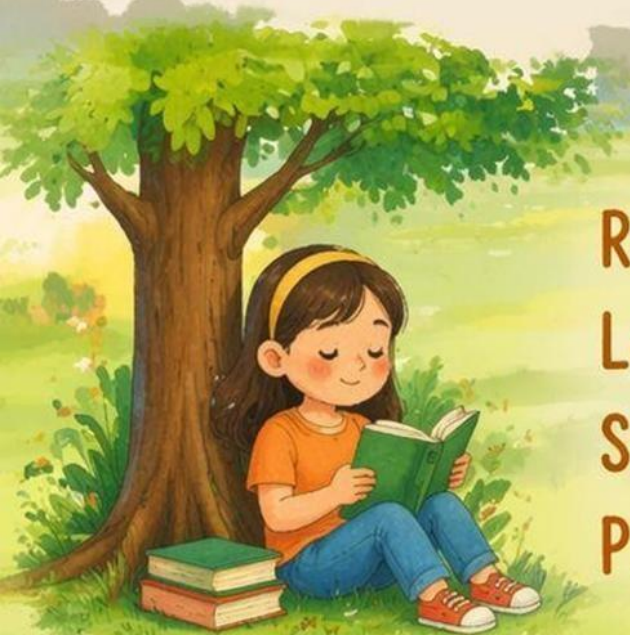
Wake up early, greet the sun,
Summer days are full of fun.
Stretch your arms, jump and play,
Start your morning the healthy way.



Sip cool water, don't forget,
Keep your body happy and set.
Juicy fruits like mango sweet,
Watermelon is a tasty treat!



Read a book beneath a tree,
Let your imagination run free.
Stories help your mind to grow,
Plant new ideas and let them glow.





Plant a sapling in the ground,
Watch green magic all around.
Water it daily, show your care,
Fresh clean air is ours to share.



Help your parents, lend a hand,
Kindness makes you truly grand.
Share your toys, speak polite,
Do what's good and do what's right.



Less screen time and more sunshine,
Outdoor games will make you shine.
Healthy habits every day,
Make you stronger in every way.
So laugh, learn, grow and smile,
Make each moment worth your while.

Summer's gift is bright and true,
It helps the best come out in you! 

HAPPY VACATION!

